

Pre-School through Grade12 Physical Education and Sports Uniform Policy

Dear Parents/Guardians,

Please find below our PE and Sports uniform policy. We feel this will help better prepare the students for physical activity both physically and mentally, whilst freely enabling their performances.

Pre-School, K1, K2 and Grade1 PE Classes

All students are encouraged to wear athletic sports clothing; T-shirt, shorts, sweat pants, sweatshirt and athletic sports shoes (Velcro fastening tennis, basketball etc) on PE days. Please avoid skirts and open shoes for safety and comfort reasons.

Grades 2-10 PE Classes

The uniform will be composed of the following ISL logo items. All clothing can be purchased from ISL prior to the school year or from ASPORT during the school year.

- T-shirt (grey)
- Shorts (black)
- Sports socks
- Tracksuit, pants and jacket (black)
- Athletic sports shoes (Laced shoes and no open toes)

Optional items

- Sweatshirt (black or forest green)
- Fleece (black or forest green)
- Rain jacket all weather, black or forest green (polyester)

Swimming PE classes must have one-piece bathing suit for girls and swimming trunks for boys

Note - Grades 6-10 PE uniform is a small part of a student's overall assessment grade. Therefore a note from a parent stating the uniform is in the wash, is not an acceptable reason for non-participation in PE classes. Any ISL logo T-shirt purchased for athletic teams that is not grey, may be worn on one day the grey T-shirt is being washed. If the non grey T-shirt is worn two consecutive days, we will consider this as having no uniform (kit) for lesson.

Grades 11-12 PE Classes

All students are encouraged to wear athletic sports clothing; T-shirt, shorts, sweat pants, sweatshirt and athletic sports shoes. It is not compulsory for Gr11-Gr12 to wear ISL Logo clothing, so long as it is in line with the schools dress code.

Notes for all PE Classes

Please ensure that names are on all clothing items.

Students should not wear jewellery, earrings etc to PE classes.

We encourage students to leave watches, valuables etc at home or in their lockers. If they do bring valuables to class they may pass them to the teacher, but ISL is not liable for lost or stolen valuables.

Sports – Lower School Sports Clubs

It is not compulsory for students to wear ISL Logo clothing but we obviously do encourage them to wear comfortable sports clothing applicable for the sporting activity.

Sports – U12, U14, JV and Varsity Sports Teams

It is compulsory for all team players to have an ISL tracksuit (black), ISL shorts (black) and ISL sports socks (black). Only tops or shirts will be signed out from the Sports Department at the start of each season. Athletes must wear ISL tracksuit jacket or sweatshirt (rain jacket) when departing / travelling to away fixtures.

It is NOT compulsory for team players to wear ISL logo clothing to team practices.

If you have any questions concerning any of the above, please do not hesitate to contact us.

Yours sincerely

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