

N.E.C.I.S. TRACK AND FIELD MEET - SCHEDULE OF FIELD EVENTS BY AGE GROUP.

<u>Time</u>	<u>U12 G</u>	<u>U12 B</u>	<u>U14 G</u>	<u>U14 B</u>	<u>U16 G</u>	<u>U16 B</u>	<u>16+ G</u>	<u>16+ B</u>
<u>DAY 1.</u>								
09.00 - 10.30		Long Jump						High Jump
10.30 - 12.00	Long Jump				Shot Put		High Jump	Discus
12.00 - 13.30			Shot Put	Long Jump		High Jump	Discus	
13.30 - 15.00	Ball Throw "+ Turbo Jav		Long Jump	Shot Put	High Jump	Discus		
15.00 - 16.30		Ball Throw "+ Turbo Jav				Triple Jump 15.00 - 16.00	Triple Jump 15.00 - 16.00	
16.00 - 17.00					Triple Jump			Triple Jump

<u>Time</u>	<u>U12 G</u>	<u>U12 B</u>	<u>U14 G</u>	<u>U14 B</u>	<u>U16 G</u>	<u>U16 B</u>	<u>16+ G</u>	<u>16+ B</u>
<u>DAY 2.</u>								
09.00 - 10.30	High Jump		Discus		Long Jump	Shot Put		
10.30 - 12.00		High Jump		Discus		Long Jump		Shot Put
12.00 - 13.30				High Jump	Discus		Shot Put	Long Jump
13.30 - 15.00			High Jump				Long Jump	

N.E.C.I.S. TRACK AND FIELD MEET - SCHEDULE OF FIELD EVENTS BY EVENT.

<u>Time</u>	<u>Discus</u>	<u>Shot Put</u>	<u>Ball Throw</u>	<u>Turbo Javelin</u>	<u>Long Jump</u>	<u>Triple Jump</u>	<u>High Jump</u>
<u>DAY 1.</u>							
09.00 - 10.30					U12 B		16+ B
10.30 - 12.00	16+B	U16 G			U12 G		16+ G
12.00 - 13.30	16+G	U14 G			U14 B		U16 B
13.30 - 15.00	U16B	U14 B	U12 G	U12 G	U14 G		U16 G
15.00 - 16.30			U12 B	U12 B		U16B and 16+G	
16.00 - 17.00						15.00 - 16.00 16+B and U16G	

<u>Time</u>	<u>Discus</u>	<u>Shot Put</u>	<u>Ball Throw</u>	<u>Turbo Javelin</u>	<u>Long Jump</u>	<u>Triple Jump</u>	<u>High Jump</u>
<u>DAY 2.</u>							
09.00 - 10.30	U14G	U16 B			U16 G		U12 G
10.30 - 12.00	U14B	16+ B			U16 B		U12 B
12.00 - 13.30	U16G	16+ G			16+ B		U14 B
13.30 - 15.00					16+ G		U14 G